

# MENU *Breakfast*



**GUIDE POST HOTEL**

01274 607866

Email: [reception@guideposthotel.net](mailto:reception@guideposthotel.net)

[www.guideposthotel.net](http://www.guideposthotel.net)

 /BESTWESTERNGUIDEPOSTHOTEL

 @BW\_GUIDEPOSTHOTEL



# Continental Breakfast

**Hot Toast (White or Wholemeal)  
with a choice of Jam, Nutella, Marmalade or Honey**

(Gluten free bread and Vegan available on request)

**Fresh Baked Croissants and Pastries**

**Fruit Juices or Water (VG,GF)**

**Selection of Cereals (VG,GF)**

**Piping Hot Healthy Porridge Oats with a side of Honey (VG)**

**Melon Slices, Whole Fruit & Fresh Fruit Salad (VG, GF)**

**Selection of Cheeses and Continental Meats (GF)**

**Assorted Yoghurts (GF)**

Selection of Tea or Freshly Brewed Coffee included  
Decaffeinated tea & coffee available on request

We are happy to provide you with allergen guidelines for all our menus, but due to the nature of our busy kitchen, there is a small risk that traces of these may be found in other dishes. Wherever possible all our products are freshly prepared using locally sourced ingredients.

**GF – Gluten Free**

**GFA – Gluten Free Alternative Available**

**VG - Vegan**

# Plated Breakfast

A member of staff will take your order for 1 of the following:

## Full English Breakfast

PLEASE SELECT FROM:

Bacon, Egg, Sausage, Hash Browns, Mushrooms, Black Pudding, Baked Beans  
& Plum Tomatoes (Grilled Tomato available on request)  
**(GF Sausage & GF Saute Potatoes available on request)**

## Vegetarian Breakfast

PLEASE SELECT FROM:

Vegetarian Sausage, Hash Browns, Mushrooms, Egg, Baked Beans  
& Plum Tomatoes (Grilled Tomato available on request) **(V)**  
**(GF Sausage & GF Saute Potatoes available on request)**

## Eggs Benedict

Ham, Poached Eggs on a Toasted Muffin with Hollandaise Sauce **(V GFA)**

## Breakfast Burger

Bacon, Sausage, Hash Brown, Fried Egg all served in a Brioche Bun with a side of Baked Beans **(GFA)**

## Pancakes

American Pancakes with Streaky Bacon and Maple Syrup

Pancakes with Maple Syrup **OR** Chocolate Sauce **(V VG)**