

MENU

Breakfast



GUIDE POST HOTEL

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Continental Breakfast

Hot Toast (White or Wholemeal) with a choice of Jam, Nutella, Marmite, Marmalade or Honey
(Gluten free bread and Vegan available on request)

Fresh Baked Croissants and Pastries

Fruit Juices or Water (VG,GF)

Selection of Cereals (VG,GF)

Piping Hot Healthy Porridge Oats with a side of Honey (VG)

Grapefruit, Orange Segments & Fresh Fruit Salad (VG, GF)

Selection of Cheeses and Continental Meats (GF)

Assorted Yoghurts (GF)

Selection of Breakfast & Fruit Tea or Freshly Brewed Coffee included
Decaffeinated tea & coffee available on request

We are happy to provide you with allergen guidelines for all our menus, but due to the nature of our busy kitchen, there is a small risk that traces of these may be found in other dishes. Wherever possible all our products are freshly prepared using locally sourced ingredients.

GF – Gluten Free

GFA – Gluten Free Alternative Available

VG - Vegan

Plated Breakfast

A member of staff will take your order for 1 of the following:

Full English Breakfast

PLEASE SELECT FROM:

Bacon, Egg, Sausage, Hash Browns, Mushrooms, Black Pudding, Baked Beans & Plum Tomatoes (Grilled Tomato available on request)
(GF Sausage & GF Saute Potatoes available on request)

Vegetarian Breakfast

PLEASE SELECT FROM:

Vegetarian Sausage, Hash Browns, Mushrooms, Egg, Baked Beans & Plum Tomatoes (Grilled Tomato available on request) **(V)**
(GF Sausage & GF Saute Potatoes available on request)

Scrambled Egg with Smoked Salmon

Eggs Benedict

Ham, Poached Eggs on a Toasted Muffin with Hollandaise Sauce **(V GFA)**

Salmon Royale

Smoked Salmon, Poached Eggs on a Toasted Muffin with Hollandaise Sauce **(GFA)**

Breakfast Burger

Bacon, Sausage, Hash Brown, Fried Egg all served in a Brioche Bun with a side of Baked Beans **(GFA)**

Pancakes

American Pancakes with Streaky Bacon and Maple Syrup
OR Pancakes with Maple Syrup and Chocolate Sauce **(V VG)**